



Art Class: Rock Painting — Thursday, June 4 (3:30–5:00 PM): Participants will design and paint decorative rocks using acrylic paints and creative techniques. This guided class builds confidence and self-expression while allowing room for personalization. **This class will be led by Program Lead Caleb.**

Garden Club — Saturday, June 6 | 10:30 AM–12:00 PM: Garden Club continues as we plant our warm-weather crops for the season. Participants will work together to plant tomatoes, peppers, zucchini, cucumbers, and beans while learning about plant care, spacing, and watering. This hands-on session builds confidence, responsibility, and connection through nature-based learning. Dress for the weather and be ready to dig in.

Adventure Rock Adaptive Climbing — Sunday, June 7 (3:00–5:00 PM): Join us for an inclusive climbing session at Adventure Rock! Trained adaptive climbing staff and volunteers will support participants of all ability levels. Whether you're climbing for the first time or you've climbed before, this is a fun and confidence-building experience with friends. **Meet at Adventure Rock in Brookfield. A waiver will be required and sent out by email after you sign up.**

Out to Eat – Chili's — Tuesday, June 9 (5:00–6:30 PM) - Meet at Oconomowoc Chili's: Join us for a social dinner outing at Chili's Grill & Bar - 1229 Corporate Center Dr, Oconomowoc, WI 53066. Participants will practice ordering from a menu, restaurant etiquette, and conversation skills while enjoying a fun night out with friends. Participants will meet at the restaurant.

Hope Center Meal Prep – Enchilada Casserole — Thursday, June 11 (3:30–5:30 PM): Help prepare a warm homemade meal for individuals and families experiencing hardship in our community. We'll cook, assemble, and package enchilada casserole meals for delivery to the Hope Center while building teamwork through service. After preparing the meals, we'll sit down together and enjoy a meal of our own as a group.

Zumba & Parfait Party — Friday, June 12 (4:00–6:00 PM): We'll kick things off with a high-energy group dance class led by Inclusive Zumba instructor Jane in the Journey21 gym. This interactive Zumba session is designed for all ability levels and focuses on fun, rhythm, and moving together in a supportive environment. After we dance, we'll enjoy a build-your-own yogurt parfait bar with a variety of toppings and hang out with friends. Bring gym shoes to dance in and a water bottle.

Inclusive Fitness & Fun at ISI — Monday, June 15 (3:30–5:30 PM): Inclusive fitness class led by ISI coaches. Expect upbeat music, guided exercises, and lots of encouragement. All movements are adapted to meet individual ability levels, making this a great way to build strength and confidence together. Please come dressed for a workout with gym shoes and bring a water bottle. We will meet at Journey21 — transportation will be provided to ISI in Brookfield. A waiver will be required and sent out by email after you sign up. Please bring a clean pair of gym shoes to change into at the facility to help keep the gym floors in great condition.

Donna Hall's Cooking Class – Friends & Family Pizza and Ice Cream Social — Wednesday, June 17 (5:00–7:00 PM): Participants will work together from 5:00–6:00 PM to prepare and bake homemade pizzas while building practical kitchen skills in the Journey21 kitchen. At 6:00 PM, up to two family members per participant are invited to join us for a pizza and ice cream social celebration. Participants will help serve pizza and run an ice cream station for their guests, creating a fun and meaningful opportunity to practice hospitality, confidence, and teamwork while celebrating their hard work.



Summer Art — Thursday, June 18 (3:30–5:00 PM): Celebrate summer with a fun and creative art class led by Caleb. Participants will create a colorful summer-themed art project inspired by sunshine, beaches, nature, and warm-weather fun. Caleb will guide the group step-by-step while encouraging everyone to add their own creative style. This class focuses on creativity, confidence, and self-expression while enjoying a relaxed and welcoming environment.

Blue Collar Coffee & River Walk — Saturday, June 20 (9:00–11:00 AM): Join us for a relaxed morning at Blue Collar Coffee Co., located at 523 Milwaukee St, Delafield, WI 53018. Participants will practice ordering independently, managing their purchases, and engaging in meaningful conversation while enjoying time together in a welcoming community setting. When we're ready, we'll take a short walk to the nearby Delafield Riverwalk to enjoy the morning and fresh air. Participants will meet at the coffee shop.

Kaity Art Class – Paw Print Art with Therapy Dogs — Monday, June 22 (3:30–5:00 PM): Join us for a special inclusive art class featuring therapy dogs from Infinite Possibilities Animals Inc., founded by Lauren Zimmer. Participants will create dog-themed artwork while spending time with certified therapy dogs Lana, Hanna, and Charlie. Each dog will even have their own custom coloring sheet. This unique class blends creativity, confidence-building, and connection in a supportive and welcoming environment.

Library Partnership Confidence & Conversation Club-Tuesday, June 23 (3:30–5:00 PM): Join us at the **Oconomowoc Public Library** in the Lyke Meeting Room for a welcoming program for teens and adults of all abilities. This month we will explore Community and Connection through light movement, quiet reading, structured conversation, interactive games, and a partner craft. Participants will practice turn-taking, active listening, and inclusive peer skills while building confidence and communication in a supportive environment. Register through the library using the link on Trellis.

Pizza & a Movie: Disney's Luca — Wednesday, June 24 (6:00–8:00 PM): This is a night filled with pizza, friendships, and a movie. Bring a lawn chair, pillow, or blanket if you'd like to get comfy. We'll enjoy pizza together and settle in for a fun film night with friends as we watch Disney's Luca, a heartwarming animated adventure about friendship, courage, and discovering who you are.

Beef Jerky Class: Flavor & Dehydration — Thursday, June 25 (3:30–5:30 PM): The first jerky class went so well that we're doing it again. Each participant will receive a bag of beef that has already been base-marinated and will add their own final flavor profile, choosing from options like teriyaki, peppered, BBQ, Caribbean jerk, and more. We'll end the class by placing the meat on the dehydrator, and participants can return the following day to pick up their finished jerky. Along the way we'll practice measuring, seasoning, and safe food handling.

Bowling at Sussex Bowl — Sunday, June 28 (11:00 AM–12:30 PM): Come enjoy a fun and social morning of bowling with friends. We'll meet directly at Sussex Bowl for 1.5 hours of bowling, laughs, and connection. No meal will be provided.

Burgers on the Grill — Tuesday, June 30 (4:00–6:00 PM): Join us for a relaxed summer hangout at Journey21! We'll fire up the grill and enjoy burgers together while spending time with friends. There will be yard games, music playing, and plenty of time to relax, laugh, and connect. It's a great way to kick back, enjoy a summer evening, and build friendships in a fun and welcoming environment.



3rd Quarter CORE Program Descriptions

Donna Hall's Cooking Class – Shepherd's Pie — Wednesday, July 1 (5:00–7:00 PM): Join us for a fun and hands-on evening in the kitchen with Donna Hall, retired Home Economics teacher. We'll prepare homemade shepherd's pie, Caesar salad, and festive fruit flagpoles together while practicing measuring, chopping, layering ingredients, and kitchen safety. Participants will build confidence and independence in the kitchen, then enjoy dinner together in a fun and welcoming environment.

Summerfest — Friday, July 3 (11:30–3:30 PM): Join us for an exciting summer afternoon at Milwaukee's Summerfest with friends from Journey21. Participants will enjoy live music, explore the festival grounds, and take in the energy of one of Wisconsin's favorite summer traditions while practicing community navigation, social skills, and independence in a fun and supportive group setting. Transportation will be provided from Journey21. Please bring money for food, drinks, or souvenirs. Summerfest is a cashless event, so participants who wish to make purchases will need to bring a debit card, credit card, or other electronic form of payment.

Milwaukee County Zoo Trip — Tuesday, July 7 (9:30 AM–1:00 PM): Join us for a fun morning exploring the Milwaukee County Zoo with friends from Journey21. Participants will enjoy seeing animals from around the world while walking the zoo together, practicing conversation and community skills, and spending time with friends throughout the day. Transportation will be provided from Journey21. Participants are welcome to pack a lunch or bring money for food. Please wear comfortable walking shoes and dress for the weather. The Milwaukee County Zoo is mostly cashless, so participants who wish to purchase food, drinks, or souvenirs are encouraged to bring a debit card, credit card, or other electronic form of payment.

Firework Canvas Painting — Wednesday, July 8 (3:30–5:00 PM): Celebrate summer with a colorful firework-themed painting class led by Caleb. Participants will create bright fireworks scenes on canvas using paint, fun texture techniques, and their own creative style. Caleb will guide the group step-by-step while encouraging creativity, confidence, and self-expression in a relaxed and welcoming environment. Everyone will leave with a festive summer canvas to take home.

Summer Dance – Beach Bash! — Friday, July 10 (6:00–8:00 PM): Join us for a fun summer evening at Journey21's Beach Bash. We'll enjoy music, dancing, snacks, and time with friends in a bright and welcoming beach-themed atmosphere. It's a great opportunity to connect, celebrate summer, and make fun memories together with the Journey21 community.

Garden Club — Saturday, July 11 (10:30 AM–12:00 PM): Join us in the Journey21 garden as we continue caring for our summer crops together. We'll help water, weed, harvest, and care for the garden beds while enjoying time outside with friends. Dress for the weather and clothes that can get a little dirty as we spend the morning gardening together.

Indian Food Night – Butter Chicken & Naan — Sunday, July 12 (4:00–6:00 PM): Join Caleb for a flavorful and hands-on Indian-inspired cooking class in the Journey21 kitchen. Participants will help prepare butter chicken, rice, and warm naan while practicing measuring, mixing, kitchen safety, and teamwork. We'll explore new flavors together in a fun and welcoming environment while building confidence and practical cooking skills. We'll enjoy dinner together at the end of class while sharing a unique and memorable meal with friends.



Prairieville Mini Golf & Ice Cream — Tuesday, July 14 (3:30–6:00 PM): Join us for a fun summer outing at Prairieville Park! Participants will enjoy a round of mini golf followed by a trip for ice cream while practicing sportsmanship, social interaction, and community skills in a relaxed outdoor environment. Transportation and mini golf are included in the event cost. Participants should bring spending money if they would like to purchase ice cream after golfing. Transportation is provided from Journey21.

Waukesha County Fair Night — Thursday, July 16 (4:00–8:00 PM): Enjoy a summer evening at the Waukesha County Fair with Journey21 friends! We'll meet at Journey21 at 4:00 PM before heading to the fair together and spending the evening exploring animals, exhibits, crafts, entertainment, food vendors, shows, and more while practicing social skills, community navigation, and independence in a fun and supportive group setting. We plan to enjoy the fair from approximately 4:30–7:30 PM before returning to Journey21 for an 8:00 PM pick-up. Transportation is provided. Please bring spending money if you would like to purchase concessions, games, rides, or other fair activities.

Summer Bingo & Board Games — Friday, July 17 (4:00–6:00 PM): Join us for a fun summer evening of bingo, board games, and time with friends at Journey21. We'll enjoy prizes, teamwork, and lots of laughter while building friendships and practicing social skills together. Weather permitting, we'll take bingo and board games outside on the Journey21 patio and enjoy a relaxed summer evening together.

Bowling at Sussex Bowl — Sunday, July 19 (11:00 AM–12:30 PM): Join us for a fun and social afternoon of bowling with friends at Sussex Bowl. We'll enjoy bowling, laughter, and connection together in a relaxed and upbeat atmosphere. No meal will be provided.

Inclusive Fitness & Fun at ISI — Monday, July 20 (3:30–5:30 PM): Join us for an upbeat and encouraging fitness class led by ISI coaches. All exercises are adapted to individual ability levels, making this a fun and welcoming opportunity to build strength, confidence, and teamwork together. Transportation is provided from Journey21. Please wear clean gym shoes and bring a water bottle.

Pink Umbrella Theater Workshop — Tuesday, July 21 (4:00–5:30 PM): Join instructors from Pink Umbrella Theater Company for an interactive theater workshop focused on creativity, movement, confidence, and self-expression. Participants will enjoy theater games, acting activities, and collaborative exercises in a welcoming and supportive environment.

Donna Hall's Cooking Class – Enchurritos — Wednesday, July 22 (5:00–7:00 PM): Join Donna for a fun and hands-on cooking class where we'll prepare enchurritos, refried beans, and cake together. Participants will practice measuring, food prep, kitchen safety, and teamwork while building confidence and practical cooking skills. We'll enjoy dinner together at the end of class.

Summer Car Show & Cookout — Friday, July 24 (5:00–7:00 PM): Cruise into summer with a fun evening at Journey21. We'll have awesome collector cars on display in the parking lot, along with grilled food, music, yard games, and plenty of time to hang out with friends. Participants can explore the cars up close and enjoy a fun summer community event together.

Garden Club — Saturday, July 25 (10:30 AM–12:00 PM): Join us in the Journey21 garden as we continue caring for and harvesting our summer crops together. Participants will practice teamwork and responsibility while enjoying time outside in the fresh air.



Fishing at the Pond — Sunday, July 26 (1:00–3:30 PM): Join us for a relaxing afternoon of fishing and outdoor fun. Participants will enjoy spending time by the water, learning basic fishing skills, and connecting with friends in a calm and supportive environment. Transportation is provided from Journey21. If you have a fishing pole you'd like to bring, feel free to bring it along!

Color Me Happy — Monday, July 27 (5:00–6:30 PM): Join Trina for a creative and expressive art class exploring how colors connect to emotions, memories, and personality. Participants will experiment with color and create a unique art piece inspired by the shades they feel most connected to in a fun and welcoming environment.

Hope Center Meal Prep – Teriyaki Chicken Bowls — Wednesday, July 29 (5:00–7:00 PM): Join us in the Journey21 kitchen as we prepare teriyaki chicken bowls with rice and vegetables for individuals and families in our community. Participants will help cook, assemble, and package meals together while practicing teamwork and practical kitchen skills. After preparing meals for others, we'll enjoy dinner together as a group. A meaningful and hands-on opportunity to serve others while building connection and confidence.

Pizza & a Movie: The Wild Robot — Friday, July 31 (6:00–8:00 PM): Join us for a fun and relaxed evening filled with pizza, friendships, and a movie on the big screen in the Journey21 gym. We'll enjoy dinner together before settling in to watch *The Wild Robot*. Bring a lawn chair, blanket, or pillow if you'd like to get comfy while we enjoy a cozy summer movie night together.

Donna Hall's Cooking Class – Burgers & Fries — Tuesday, August 4 (5:00–7:00 PM): Join Donna for a fun summer cooking class featuring cheeseburgers, chicken burgers, french fries, and chocolate cereal bars for dessert. Participants will practice safe food handling, teamwork, and kitchen skills while preparing dinner together, then enjoy the meal as a group.

Pocket Treasures Art Class — Wednesday, August 5 (4:30–6:00 PM): Join us for a creative class where participants will design and create tiny keepsakes like painted rocks, decorative boxes, calming tokens, and other meaningful treasures. This fun and welcoming class encourages creativity and self-expression.

State Fair Night — Thursday, August 6 (4:00–8:00 PM): Join us for a fun summer evening at the Wisconsin State Fair with friends. We'll explore exhibits, food vendors, animals, games, and entertainment together. Transportation will be provided from Journey21. Please bring money for concessions or activities. Cash or card will work for most purchases throughout the fair.

DockHounds Game — Friday, August 7 (5:15–9:00 PM): Join Journey21 for an exciting evening cheering on the Lake Country DockHounds! We'll enjoy a night at the ballpark, watch the game, connect with friends, and experience the fun atmosphere of a professional baseball game. Participants will also have the opportunity to take part in the High-Five Tunnel before the game begins and welcome the players onto the field. Transportation is provided from Journey21. Please bring money for concessions or souvenirs if desired. This event is cashless, so participants who wish to make purchases will need to bring a debit card, credit card, or other electronic form of payment. The game begins at 6:35 PM.

Garden Club — Saturday, August 8 (10:30 AM–12:00 PM): Join us in the Journey21 garden as we continue caring for and harvesting our summer crops together while enjoying time outdoors.

Dogs Era Tour Art Party with Infinite Possibilities Animals Inc. — Monday, August 10 (3:30–5:00 PM): Step into your Dog Era for a fun Taylor Swift-themed art party at Journey21. We're



excited to welcome Lauren Zimmer and the team from Infinite Possibilities Animals Inc., along with some sweet therapy dogs, for a creative afternoon of music, crafts, and furry friends. Participants will enjoy Taylor Swift jams, friendship-inspired art projects, and hands-on creative activities while spending time with therapy dogs in a welcoming and supportive environment. This is a fun opportunity to connect with friends, express creativity, and create something special to take home.

Bingo & Board Games — Wednesday, August 12 (4:00–6:00 PM): Join us for a fun evening of bingo and board games with friends. We'll enjoy prizes, teamwork, and lots of laughter together.

Teen Night (Ages 13-21) — Friday, August 14 (6:30–8:00 PM): Join us for a teen-focused social night in the Journey21 gym filled with games, activities, music, and opportunities to connect with peers in a welcoming environment.

Adventure Rock Adaptive Climbing — Sunday, August 16 (3:00–5:00 PM): Join us for an inclusive climbing session at Adventure Rock with trained staff and volunteers supporting participants of all ability levels. This is a fun and confidence-building afternoon of movement, encouragement, and teamwork. We'll meet directly at Adventure Rock in Brookfield.

Beach Day & Boat Ride at Nagawaukee Park — Monday, August 17 (10:00 AM–2:00 PM): Join us for a fun summer beach day with friends. Participants will enjoy relaxing, swimming, socializing, and a boat ride while spending time together outdoors. Transportation will be provided from Journey21.

Camp Whitcomb Retreat — Tuesday, August 18 (9:30 AM–2:30 PM): Join us for a fun summer retreat day at Camp Whitcomb. Participants will enjoy outdoor adventure, arts and crafts, canoeing, and a wagon ride while spending time together in a supportive and inclusive camp environment. Transportation is provided from Journey21. Please bring your own lunch.

Donna Hall's Cooking Class – Egg Roll in a Bowl — Wednesday, August 19 (5:00–7:00 PM): Join Donna Hall for a flavorful hands-on cooking class where we'll prepare egg roll in a bowl, fried rice, and yogurt parfaits together. Participants will practice practical kitchen skills and teamwork, then enjoy dinner together at the end of class.

Pizza & a Movie: Sing — Friday, August 21 (6:00–8:00 PM): Join us for a fun and relaxed evening filled with pizza, friendships, and a movie on the big screen in the Journey21 gym. We'll enjoy dinner together before settling in to watch *Sing*, a fun and upbeat musical adventure featuring favorite characters, great music, and lots of laughs. Bring a blanket, lawn chair, or pillow if you'd like to get comfortable while we enjoy a cozy movie night together.

Nature Art Walk & Create — Saturday, August 22 (10:00 AM–11:30 AM): Join us for a creative morning outdoors as we explore the Journey21 property and gather natural materials like stones, leaves, flowers, grasses, sticks, and other outdoor treasures. After the walk, we'll head inside to create unique nature-inspired art pieces using the materials we collected. This relaxing and hands-on class encourages creativity, movement, observation, and self-expression while enjoying time together outdoors.

Bowling at Sussex Bowl — Sunday, August 23 (11:00 AM–12:30 PM): Join us for a fun and social afternoon of bowling with friends at Sussex Bowl. We'll enjoy bowling, laughter, and connection together in a relaxed atmosphere.



Cyberhawks LEGO Robotics — Sunday, August 23 (3:00–4:30 PM): Join the Arrowhead Cyberhawks Robotics Team for an interactive LEGO robotics program at Journey21. Participants will work together to build and program LEGO Education robots while exploring teamwork, creativity, and problem-solving in a fun and welcoming environment. Along the way, participants will practice engineering skills, try new challenges, and build confidence as they prepare their robot for this year's FIRST LEGO League Challenge. This program meets twice each month, and because each session builds on the one before it leading up to the LEGO League Challenge competitions, participants please sign up for all sessions they're able to attend to get the full team experience.

Inclusive Fitness & Fun at ISI — Monday, August 24 (3:30–5:30 PM): Join us for an upbeat and encouraging fitness class led by ISI coaches. All exercises are adapted to individual ability levels, making this a fun way to build strength and confidence together. Transportation will be provided from Journey21. Please bring a water bottle and clean gym shoes.

Library Partnership Confidence & Conversation Club — Tuesday, August 25 (3:30–5:00 PM): Join us at the Oconomowoc Public Library for a welcoming social program focused on communication, confidence, and connection through structured conversation, games, movement, and activities.

Hope Center Lunch Service — Wednesday, August 26 (10:30 AM–1:30 PM): Join us as we serve alongside the Hope Center team and help make a difference in our community. Participants will assist with meal preparation, serving lunch to guests, and supporting the kitchen staff throughout the service. After helping serve, participants will also be provided a meal. This meaningful volunteer opportunity encourages teamwork, compassion, and community engagement while serving individuals and families in need. Transportation is provided from Journey21.

Garden Club — Saturday, August 29 (10:30 AM–12:00 PM): Join us in the Journey21 garden as we continue maintaining and harvesting the garden while enjoying time together outside.

Favorite Animal Canvas Painting — Monday, August 31 (3:30–5:00 PM): Join us for a fun and creative painting class inspired by your favorite animal. Participants will use paint and simple design ideas to create a unique canvas to take home while enjoying a welcoming and creative environment.

Donna Hall's Cooking Class – Beef Stir Fry — Wednesday, September 2 (5:00–7:00 PM): Join Donna for a fun and hands-on cooking class where we'll prepare beef stir fry with jasmine rice and fresh apple-strawberry-banana smoothies together. Participants will practice chopping, measuring, stovetop cooking, blending, and teamwork while building confidence and practical kitchen skills. We'll enjoy dinner together at the end of class in a fun and welcoming environment.

Garden Club — Saturday, September 5 (10:30 AM–12:00 PM): Join us in the Journey21 garden as we continue caring for and harvesting produce together. Participants will help maintain garden beds while enjoying time outside with friends in the fresh air.

Cyberhawks LEGO Robotics — Sunday, September 6 (3:00–4:30 PM): Join the Arrowhead Cyberhawks Robotics Team for an interactive LEGO robotics program at Journey21. Participants will work together to build and program LEGO Education robots while exploring teamwork, creativity, and problem-solving in a fun and welcoming environment. Along the way, participants



will practice engineering skills, try new challenges, and build confidence as they prepare their robot for this year's FIRST LEGO League Challenge. This program meets twice each month, and because each session builds on the one before it leading up to the LEGO League Challenge competitions, participants please sign up for all sessions they're able to attend to get the full team experience.

Taco Tuesday — Tuesday, September 8 (5:00–7:00 PM): Join us for Taco Tuesday in the Journey21 kitchen. Participants will work together to prepare tacos and enjoy dinner as a group while practicing kitchen skills, teamwork, and confidence-building in a fun and welcoming environment.

Shadow Box Creations — Wednesday, September 9 (5:00–6:30 PM): Join us for a creative art class as we build tiny themed worlds inside our own shadow boxes using layered backgrounds, textures, and colorful decorations. Whether creating a beach scene, forest, zoo, outer space adventure, or another favorite place, participants will enjoy using imagination and creativity to bring their mini worlds to life.

Bingo & Board Games — Friday, September 11 (4:00–6:00 PM): Come enjoy bingo and a variety of board games while building friendships, practicing social skills, and having fun together.

Whisker Society: Cats, Community Walk & Ice Cream — Monday, September 14 (3:30–5:30 PM): Join us for a fun and relaxed afternoon of cats, community, and time with friends. We'll head to The Whisker Society in downtown Oconomowoc to spend time visiting and petting cats together, then enjoy a light walk nearby before ending the afternoon with ice cream and conversation. This is a great opportunity to connect with others, enjoy the community, and spend time together in a fun and welcoming environment. Transportation will be provided from Journey21. Please bring spending money if you would like to purchase ice cream after our visit.

Leaf Collage Art — Tuesday, September 15 (3:30–5:00 PM): Create your own fall-inspired leaf collage using leaves and colorful art materials in this guided class with Caleb. Participants will explore creativity, self-expression, and confidence while designing a unique seasonal art project to take home.

Donna Hall's Cooking Class – BLT Night — Wednesday, September 16 (5:00–7:00 PM): Join Donna Hall for a fun and practical cooking class featuring BLT sandwiches, a blue-and-yellow fruit salad, and dirt cup desserts. Participants will practice food prep, teamwork, kitchen safety, and recipe following while building confidence and independence in the kitchen. We'll enjoy dinner together at the end of class.

Zumba & Zupas — Friday, September 18 (3:30–5:30 PM): Join us for a fun Friday afternoon of movement and dinner with friends. We'll start with an upbeat and inclusive Zumba class at Journey21, then walk across the street together to Café Zupas for dinner and conversation. This is a great chance to stay active, connect with others, and enjoy time together in the community. Please wear gym shoes, bring a water bottle, and bring money for dinner. Drop-off is at Journey21 at 3:30 PM. Pick-up will be at Café Zupas at 5:30 PM (1686 Old School House Rd, Oconomowoc).

Garden Club — Saturday, September 19 (10:30 AM–12:00 PM): Join us in the Journey21 garden as we continue caring for and harvesting produce together while enjoying time outdoors with friends.



Bowling at Sussex Bowl — Sunday, September 20 (11:00 AM–12:30 PM): Join us for a fun and social afternoon of bowling with friends at Sussex Bowl. We'll enjoy bowling, laughter, and connection together in a relaxed and welcoming atmosphere.

Cyberhawks LEGO Robotics — Sunday, September 20 (3:00–4:30 PM): Join the Arrowhead Cyberhawks Robotics Team for an interactive LEGO robotics program at Journey21. Participants will work together to build and program LEGO Education robots while exploring teamwork, creativity, and problem-solving in a fun and welcoming environment. Along the way, participants will practice engineering skills, try new challenges, and build confidence as they prepare their robot for this year's FIRST LEGO League Challenge.

Inclusive Fitness & Fun at ISI — Monday, September 21 (3:30–5:30 PM): Join us for an upbeat and encouraging fitness class led by ISI coaches. All exercises are adapted to individual ability levels, making this a fun and welcoming opportunity to build strength, confidence, and teamwork together. Transportation will be provided from Journey21 to ISI in Brookfield. Please come dressed for a workout, bring a water bottle, and bring a clean pair of gym shoes to change into at the facility to help keep the gym floors in great condition. A waiver is required and will be emailed after registration

“Beesentation” with Bryan — Tuesday, September 22 (3:30–5:00 PM): Join us for an interactive and educational afternoon all about bees, pollination, and honey. Participants will enjoy activities, discussion, games, and crafts while learning from guest presenter Bryan in a fun and welcoming environment.

Hope Center Meal Prep – BBQ Pulled Pork Sandwiches — Wednesday, September 23 (5:00–7:00 PM): Join us in the Journey21 kitchen as we prepare BBQ pulled pork sandwiches and simple sides for individuals and families in our community. We'll cook, assemble, and package meals together, then enjoy dinner as a group. A meaningful opportunity to serve others while building teamwork and connection.

Homecoming Dance — Friday, September 25 (6:00–8:00 PM): Dress up and celebrate with friends at our CORE Homecoming Dance. Participants will enjoy music, dancing, snacks, and social time together in a fun and welcoming community environment.

Adventure Rock Adaptive Climbing — Sunday, September 27 (3:00–5:00 PM): Join us for another inclusive climbing session at Adventure Rock with trained adaptive climbing staff and volunteers supporting participants of all ability levels. This is a fun and confidence-building afternoon filled with movement, encouragement, and teamwork. **We'll meet directly at Adventure Rock in Brookfield.**

Harvest Games Open Gym — Tuesday, September 29 (3:30–5:30 PM): Join us in the gym for a fun afternoon of harvest-themed games, movement, and social connection. Participants will rotate through active game stations like relays, toss games, and team challenges while building confidence, teamwork, and friendships together in a fun and welcoming environment. It's a great way to stay active, connect with friends, and enjoy the fall season together.

CORE Creations Art Class — Wednesday, September 30 (4:30–6:00 PM): Celebrate the start of fall with a creative apple-inspired art class full of hands-on fun. Participants will complete several themed projects using materials like yarn, clay, paint, and recycled objects, then decorate their own caramel apple to enjoy during class or take home.